Academic Goal Chart

Compliments of the Black Parents Forum. This guide is a useful tool for parents in setting goals for their children.

Short Term

- Teach all Black boys to read at grade 7 level
- Provide a positive role model for your child
- Create a stable home environment for Black boys, including contact with their fathers
- Ensure strong spiritual base is provided
- Teach Black boys to respect girls and women

Long Term

- Join an organisation and lobby for as much money to be invested in educating Black boys as in locking up Black men
- Help connect Black boys to a positive vision of themselves in the future
- Create high expectations and help Black boys live up to those high expectations
- Build a positive peer culture for Black boys
- Teach Black boys self discipline, culture and history
- Identity teach Black boys that their country of origin is Africa
- Teach Black boys to embrace education as life long learning and the communities in which they live

Oprah's fathers rules

- Strict discipline
- Made sure curfews were stuck to
- Make good grades
- Install high expectations
- Had to read a book every week and do a book report
- Standard school clothes
- Behave respectfully to all adults

Oprah came from a dreadful background and while living with her mother, was faced with some horrific experiences. As a result of an intervention by her father and his good parenting, her life was turned around.

How do we set academic goals for our children?

They must <u>learn</u> who they are.

Children spend 32 hours per week, 1300 hours per year, for 11 years to pass a two hour exam – and some of our children are not passing???

LEARN
EARN
EAR – must listen (it's an art)
HEAR
HEART

Ingredients to success:

Work hard - Sacrifice - Commitment - Training

- We can all achieve an extra 14 hours of education, and still enjoy our youth
- They must come straight home from school 4-6pm and devote 2 hours of study time, 7 days a week = 14 hours.
- Children need a system of learning

Key ingredients for goal setting:

- Belief that they can achieve
- Purpose
- Obligation
- Vision
- Determination

Short term goals: Grades, Tests, Homework, Assignments, Class work **Long term goals**: Final year grade

- Goal chart must be written down
- Put in a visible place e.g. on their bedroom wall
- Check it regularly

Our children are not failing – Are the schools are failing our children? Black parents have always wanted the best for our children – Measures in the home is important but school systems that need changing is more important.

Important for parents to join organisations.

Goal Chart – created in partnership with [CHILDS NAME]

Name: 'Childs name' Goals

Current Standing: e.g. 1. Maths B

- 2. Reasons
- a)
- b)
- c)
- 1. Science C
- 2. Reasons
- a)
- b)
- c)

For each subject, state three reasons why you are getting the current grade.

Strategy: (how to achieve higher grades)

For example:

- 1. Strictly 45 minutes of maths per day
- 2. Practice more maths problems
- 3. Discuss extra class work with the teacher

Timetable of study – agreed with child:

	Mon	Tue	Wed	Thur	Fri	Sat	Sun
Morning	30min Maths	30min English					
Afternoon							

Long term goal

Final Grades

- Maths B
- Science A
- English A

College
University
Career

(Take primary school children to visit colleges and universities)

How do we motivate our children?

Give them treats or gifts when they do well.

2012 is the year of FACE:

F = Faith

A = Attitude of gratitude

C = Confidence and character (get children to hold their head up)

E = Excellence (spirit of)

Remember, parents are the first teachers and usually do an excellent job.